



DAVIS COACHING & CONSULTING, LLC
Certified Life and Wellness Coach · Life Currency™ Framework Creator

Group Coaching

Grow, together.

THE MOST AFFORDABLE PATH — SAME FRAMEWORK, SHARED SUPPORT

Small cohorts working the Life Currency™ framework side by side — the structure of 1:1 coaching with the energy of a group.

1 Inventory



2 Reflect



3 Shift



4 Repeat

- ✓ Weekly 75-minute group sessions
- ✓ Shared Life Currency™ toolkit & workbook
- ✓ New cohorts forming regularly
- ✓ Small cohorts, max 8 participants
- ✓ Private peer community between sessions

YOU MIGHT RECOGNIZE YOURSELF HERE

- You're productive but not fulfilled — busy but not moving toward what matters
- You say yes when you mean no, regularly and without realizing it
- You've tried to change before and it faded within weeks
- You feel stuck at a threshold — something needs to shift, but you're not sure what

This isn't a discipline problem. It's an alignment and investment problem — and shifting your energy is workable.

4-6-week cohorts · Virtual and in-person · Next cohort starting soon

"Having a small group hold me accountable made all the difference. I didn't feel so alone and hearing my experiences echoed in others gave me strength."

— Group coaching cohort member

Join the next cohort

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